

Dr. Tahir Özakkaş

Biography

He was born in Kayseri in 1958. He completed his primary and secondary education in Kayseri. He started his medical education in Hacettepe University in 1978. He graduated from Erciyes University Faculty of Medicine in 1986. During his years in the Faculty of Medicine, he completed Istanbul University Faculty of Political Sciences Department of Politics and Administration in 1983. He completed his obligatory service during 1986-88 in Kayseri İncesu district. In the same years he conducted his post graduate studies in Gazi University Faculty of Political Sciences on Psychology of Politics. During the years 1989-93 he completed his doctorate studies in Erciyes University Institute of Health Sciences on Public Health. During 1994-97 he specialized in Psychiatry in Azerbaijan University of Medicine. Then he got the master degree equivalence in Istanbul University Faculty of Medicine Department of Psychiatry. At the same time he maintained a lecturer position in Azerbaijan Medical School, also he got an associate professor degree. After passing from the associate professor equivalent science candidate exams he completed his thesis titled "Psycho, Pharmaco and Combined Therapy Response Specialties in Anxiety Disorders". He currently continues his studies in Turkey and Azerbaijan. His areas of interest are psychotherapy and hypnotherapy applications in personality disorders and anxiety disorders. Since 2005 he organizes Integrative Psychotherapy Training Program on theoretical, formulation and supervision levels for mental health professionals in the Psychotherapy Institute founded by him and representing the Masterson Institute in Turkey.